

Cambridge High School

SENIOR INFORMATION SHEET (Submit with 1st TRANSCRIPT request)

STUDENT NAME _____

(LAST)

(FIRST)

The responsibility of your counselor and/or teacher in preparing the "Secondary School Report" or letter of recommendation for colleges and universities is to provide a summary of achievements beyond your academic record. Conveying your unique qualities and potential for growth is not an easy task. Therefore, we would appreciate your giving us an honest estimation of yourself: what you have done, what you have left to do, both in school and any other part of your life.

This form should be typed or printed neatly in the space provided. Please attach additional sheets if necessary and any other info you feel would be helpful, including student resumes and college essays or personal statements.

1. Briefly describe your plans after graduation. List other schools you are considering or to which you have applied. What might you like to study in college? What are your career goals?

2. EXTRACURRICULAR & PERSONAL ACTIVITIES: Provide information on both school-related and non-school related activities during your high school years. This might include clubs, teams, community or religious organizations, volunteer service, summer studies, travel, or work experience. If you received an award, held an office or specific role, please describe your involvement. Why is each activity important to you and what contribution did you make to each activity? (Attach additional sheets if necessary.) **No abbreviations.**

Activity	Positions held/ Honors won/ Contributions made	Years of participation			
		9 th	10 th	11 th	12 th
		9 th	10 th	11 th	12 th
		9 th	10 th	11 th	12 th
		9 th	10 th	11 th	12 th
		9 th	10 th	11 th	12 th
		9 th	10 th	11 th	12 th
		9 th	10 th	11 th	12 th
		9 th	10 th	11 th	12 th
		9 th	10 th	11 th	12 th
		9 th	10 th	11 th	12 th

3. Please list hobbies, interests, and special talents you have.

4. Three words that best describe who you are... Why?

5. What are you most proud of? For example, community service project, helping someone in need, accomplishment at school, work, athletics, etc.

6. Please write a short general statement about yourself (your strengths and weaknesses) that will help me know you better. What sets you apart from many other students at CHS? (Specifics – NOT “I am a hard worker.”)

7. Other comments/experiences you would like to share that will help me write your recommendation, such as an obstacle you overcame academically, physically, or personally?

8. Optional Section

Please choose two teachers at CHS who know you best. Write down their name below.

Teacher name: _____

Teacher name: _____

RETURN THIS FORM TO YOUR COUNSELOR WITH YOUR 1ST TRANSCRIPT REQUEST. THANK YOU!

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PARENT RESPONSE FORM (OPTIONAL)

Name of student _____
(LAST) (FIRST)

As parents, you know your children best and have an intense interest in their college choices and their welfare after high school. Please share your insights to assist us in getting to know your son or daughter better. It will be very helpful to us as advocates in their college admissions process if you take some time to reflect on the following questions and **return the completed form to your child's counselor at least two weeks in advance of any application deadline.** Feel free to be funny, be honest, and above all, be proud. Thanks for you time and thought.

This form is OPTIONAL and only questions that pertain to you and your child need to be answered.

1. Describe one or two major events that you see as turning points in your son or daughter's development and explain why view them as such.
2. His/her high school career has been pleasurable/painful because... (Don't hesitate to write about both aspects).
3. His/her greatest strength/weakness is:

4. We are proud of our child because... (Specific anecdotes are particularly welcome).

5. Something you need to know about my/our son/daughter is...

6. If there are any particular colleges you would like your son or daughter to consider, please feel free to list them below.

7. Will financial aid be a factor in your child's decision?

8. Are there any other family-related factors that will influence your child's decision?

9. Is there anything you wish to add which would help me in writing his/her recommendation letters? e.g. educational background, special family situation, special medical history, personal achievements, etc.